

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

# October



Breakfast and lunch are served with milk. Snacks are served with 100% fruit juice or water. Menu items are subject to change.

**Breakfast:**  
Cereal, bananas  
**Lunch:** Pasta with meat sauce, dinner roll, orange slices  
**PM Snack:**  
Chex Mix **1**

**Breakfast:** Sausage pancake on a stick, applesauce  
**Lunch:** Franks and beans, dinner roll, peaches  
**PM Snack:**  
Graham crackers **2**

**Breakfast:**  
Ham and cheese scrambler, orange slices  
**Lunch:** BBQ chicken slider, broccoli and cheese, fruit cocktail  
**PM Snack:** Cheez-Its **3**

**Breakfast:** French toast, blueberries  
**Lunch:** Sloppy Joes, mashed potatoes, cantaloupe  
**PM Snack:**  
Goldfish **4**

**Breakfast:** Mini bagels with cream cheese, Mandarin oranges  
**Lunch:** Whole grain cheese pizza, corn, pears  
**PM Snack:**  
Animal crackers **5**

**Breakfast:** Turkey sausage pancake wrap, applesauce  
**Lunch:** Meatloaf, mashed potatoes, honeydew  
**PM Snack:**  
Graham crackers **8**

**Breakfast:** Ham and cheese scrambler, orange slices  
**Lunch:** Macaroni and cheese with ham, mixed vegetables, peaches  
**PM Snack:** Cheez-Its **9**

**Breakfast:**  
French toast, blueberries  
**Lunch:** Frito pie, cornbread, peaches  
**PM Snack:**  
Animal crackers **10**

**Breakfast:** Mini bagels with cream cheese, Mandarin oranges  
**Lunch:** Ground beef tacos, corn, pears  
**PM Snack:**  
Goldfish **11**

**Breakfast:**  
Cereal, bananas  
**Lunch:** Chicken nuggets, vegetable blend, cantaloupe  
**PM Snack:**  
Chex Mix **12**

**Breakfast:**  
Cereal, bananas  
**Lunch:** Pasta with meat sauce, dinner roll, peaches  
**PM Snack:**  
Cheez-Its **15**

**Breakfast:** Sausage pancakes on a stick, applesauce  
**Lunch:** Pop's potatoes with ham, orange slices  
**PM Snack:**  
Graham crackers **16**

**Breakfast:** Ham and cheese scrambler, orange slices  
**Lunch:** Franks and beans, Hawaiian roll, peaches  
**PM Snack:**  
Goldfish **17**

**Breakfast:** French toast, blueberries  
**Lunch:** BBQ chicken slider, broccoli and cheese, fruit cocktail  
**PM Snack:**  
Chex Mix **18**

**Breakfast:** Mini bagels with cream cheese, Mandarin oranges  
**Lunch:** Whole grain cheese pizza, corn, pears  
**PM Snack:**  
Animal crackers **19**

**Breakfast:** Sausage pancakes on a stick, applesauce  
**Lunch:** Meatloaf, mashed potatoes, honeydew  
**PM Snack:**  
Goldfish **22**

**Breakfast:** Ham and cheese scrambler, orange slices  
**Lunch:** Macaroni and cheese with ham, mixed vegetables, peaches  
**PM Snack:** Cheez-Its **23**

**Breakfast:** French toast, blueberries  
**Lunch:** Chicken nuggets, Jello and fruit, carrot sticks  
**PM Snack:**  
Graham crackers **24**

**Breakfast:** Mini bagels with cream cheese, Mandarin oranges  
**Lunch:** Frito pie, cornbread, peaches  
**PM Snack:**  
Goldfish **25**

**Breakfast:**  
Cereal, bananas  
**Lunch:** Sloppy Joes, mashed potatoes, fruit cocktail  
**PM Snack:**  
Chex Mix **26**

**Breakfast:**  
Cereal, bananas  
**Lunch:** Pasta with meat sauce, dinner roll, orange slices  
**PM Snack:**  
Chex Mix **29**

**Breakfast:** Sausage pancake on a stick, applesauce  
**Lunch:** BBQ chicken slider, broccoli and cheese, fruit cocktail  
**PM Snack:**  
Graham crackers **30**

**Breakfast:**  
Ham and cheese scrambler, orange slices  
**Lunch:** Franks and beans, dinner roll, peaches  
**PM Snack:** Cheez-Its **31**