

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

February



Breakfast and lunch are served with milk. Snacks are served with 100% fruit juice or water. **Menu items are subject to change.**

promiseland
Child Development Center

Breakfast: Cereal, bananas
Lunch: Swedish meatballs, peas, pineapple
PM Snack: Ritz crackers

Breakfast: French toast, fresh blueberries
Lunch: Chicken nuggets with ketchup, greens beans, honeydew
PM Snack: Graham crackers

Breakfast: Ham and cheese scrambler, cantaloupe
Lunch: Frito pie, cornbread, peaches
PM Snack: Vanilla wafers

Breakfast: Mini pancakes, applesauce
Lunch: Steak fingers, mashed potatoes, peaches
PM Snack: Ritz crackers

Breakfast: Ham and cheese scrambler, cantaloupe
Lunch: Whole grain sausage pizza, corn, mandarin oranges
PM Snack: Granola bars

Breakfast: Cereal, bananas
Lunch: Pasta with marinara, dinner roll, peach slices
PM Snack: Goldfish

Breakfast: French toast, fresh blueberries
Lunch: Steak fingers, mashed potatoes, pear
PM Snack: Vanilla wafers

Breakfast: Mini pancakes, applesauce
Lunch: Chicken nuggets with ketchup, green beans, honeydew
PM Snack: Graham crackers

Breakfast: Mini pancakes, applesauce
Lunch: Fish sticks with tartar sauce, green beans, pears
PM Snack: Goldfish

Breakfast: Mini Muffins, yogurt
Lunch: Sloppy joes, peas, fruit cocktail
PM Snack: Granola bars

Breakfast: French toast, fresh blueberries
Lunch: Frito pie, cornbread, peaches
PM Snack: Ritz crackers

Breakfast: Breakfast cereal, blueberries
Lunch: Chicken nuggets with ketchup, green beans honeydew
PM Snack: Graham crackers

Breakfast: Mini muffins, yogurt
Lunch: Bean burritos Spanish rice, apple slices
PM Snack: Vanilla wafers

Breakfast: Mini muffins, yogurt
Lunch: Goulash, vegetables mix, fruit cocktail
PM Snack: Ritz crackers

Breakfast: Ham and cheese scrambler, cantaloupe
Lunch: Whole grain cheese pizza, corn, mandarin oranges
PM Snack: Granola bars

Breakfast: French toast, fresh blueberries
Lunch: Salisbury steak, mashed potatoes, gravy, pears
PM Snack: Goldfish

Breakfast: Mini muffins, yogurt
Lunch: Frito pie, cornbread, peaches
PM Snack: Graham crackers

Breakfast: Cereal, bananas
Lunch: Chicken stir-fry, rice, mandarin oranges
PM Snack: Vanilla wafers

Breakfast: Ham and cheese scrambler, cantaloupe
Lunch: Sloppy joes, peas, fruit cocktails
PM Snack: Granola bars

Breakfast: Mini pancakes, applesauce
Lunch: Fish sticks with tartar sauce, green beans, pears
PM Snack: Goldfish

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