

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

October



Breakfast:
Cereal, Bananas

Lunch: Pizza, Mixed Vegetables,
Mixed Fruit

PM Snack:
Graham Crackers **1**

Breakfast:
Cereal, Oranges

Lunch: Mac & Cheese,
Green Beans, Peaches

PM Snack:
Chex Mix **4**

Breakfast:
Mini Muffins, Yogurt

Lunch:
Tacos, Corn, Apricots

PM Snack:
Goldfish **5**

Breakfast:
Cereal, Apples

Lunch: Quesadillas,
Peas and Carrots, Pears

PM Snack:
Pretzels **6**

Breakfast: Ham and Cheese
Scrambler, Oranges

Lunch: Frito Pie,
Mandarin Oranges

PM Snack:
Goldfish **7**

Breakfast:
Cereal, Bananas

Lunch: Pizza, Mixed Vegetables,
Mixed Fruit

PM Snack:
Pretzels **8**

Breakfast:
Cereal, Oranges

Lunch: Pasta with Meat Sauce,
Dinner Roll, Peaches

PM Snack:
Goldfish **11**

Breakfast:
Mini Muffins, Yogurt

Lunch: Chicken Tacos,
Corn, Mandarin Oranges

PM Snack:
Graham Crackers **12**

Breakfast:
Cereal, Apples

Lunch: Grilled Cheese,
Tomato Soup, Pears

PM Snack:
Chex Mix **13**

Breakfast: French Toast,
Blueberries

Lunch: Sloppy Joes, Mashed
Potatoes, Apricots

PM Snack:
Ritz Crackers **14**

Breakfast:
Cereal, Bananas

Lunch: Chicken Nuggets,
Mixed Vegetables, Mixed Fruit

PM Snack:
Graham Crackers **15**

Breakfast:
Cereal, Oranges

Lunch: Mac & Cheese,
Green Beans, Peaches

PM Snack:
Chex Mix **18**

Breakfast:
Mini Muffins, Yogurt

Lunch:
Taco Salad, Pears

PM Snack:
Goldfish **19**

Breakfast:
Cereal, Applesauce

Lunch: Turkey Sandwiches,
Fresh Bell Peppers, Chips, Apricots

PM Snack:
Pretzels **20**

Breakfast: Ham and Cheese
Scrambler, Apples

Lunch: BBQ Chicken Sliders,
Peas, Mandarin Oranges

PM Snack:
Goldfish **21**

Breakfast:
Cereal, Bananas

Lunch: Pizza, Mixed Vegetables,
Mixed Fruit

PM Snack:
Pretzels **22**

Breakfast:
Cereal, Oranges

Lunch: Pasta with Meat Sauce,
Dinner Roll, Peaches

PM Snack:
Goldfish **25**

Breakfast:
Mini Muffins, Yogurt

Lunch:
Taco Salad, Corn, Pears

PM Snack:
Graham Crackers **26**

Breakfast:
Cereal, Apples

Lunch: Chicken & Rice with Sauce,
Broccoli, Apricots

PM Snack:
Chex Mix **27**

Breakfast: French Toast,
Blueberries

Lunch: Spaghetti and Meatballs,
Dinner Roll, Oranges

PM Snack:
Ritz Crackers **28**

Breakfast:
Cereal, Bananas

Lunch: Chicken Nuggets,
Mixed Vegetables, Mixed Fruit

PM Snack:
Graham Crackers **29**

Breakfast and lunch are served with milk. Snacks are served with 100% fruit juice or water. Menu items are subject to change.