

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

August

MENU



promiseland
Child Development Center

Breakfast and lunch are served with milk. Snacks are served with 100% fruit juice or water. **Menu items are subject to change.**

Breakfast: Oatmeal with maple syrup, applesauce
Lunch: Franks and beans, biscuits, cantaloupe
PM Snack: Goldfish

1

Breakfast: Bicuits with ham and cheese, honeydew
Lunch: Chicken nuggets with ketchup, broccoli and cheese, honeydew

PM Snack: Vanilla wafers

2

Breakfast: Ham and cheese scrambler, cantaloupe
Lunch: Whole grain cheese pizza, corn, mandarin oranges

3

Breakfast: French toast, strawberries
Lunch: Fish sticks with tartar sauce, green beans, pears

PM Snack: Granola bars

4

Breakfast: Oatmeal with maple syrup, applesauce
Lunch: Chicken nuggets with ketchup, broccoli and cheese, peaches

PM Snack: Goldfish

7

Breakfast: Cereal, bananas
Lunch: Tuna casserole with peas, green beans, honeydew

PM Snack: Vanilla wafers

8

Breakfast: Bicuits with ham and cheese, honeydew
Lunch: Country-style chicken with gravy, mashed potatoes, apple slices

PM Snack: Graham crackers

9

Breakfast: French toast, strawberries

Lunch: Macaroni and cheese with ham, peas, cantaloupe

PM Snack: Granola bars

10

Breakfast: Ham and cheese scrambler, cantaloupe

Lunch: Whole grain ham pizza, corn, mandarin oranges

PM Snack: Ritz crackers

11

Breakfast: Cereal, bananas
Lunch: Alfredo with elbow noodles, mixed green salad with Ranch, pears

PM Snack: Ritz crackers

14

Breakfast: Oatmeal with maple syrup, applesauce

Lunch: Franks and beans, biscuits, cantaloupe

PM Snack: Goldfish

15

Breakfast: Bicuits with ham and cheese, honeydew

Lunch: Chicken nuggets with ketchup, broccoli and cheese, honeydew

PM Snack: Vanilla wafers

16

Breakfast: Ham and cheese scrambler, cantaloupe
Lunch: Whole grain sausage pizza, corn, mandarin oranges

PM Snack: Graham crackers

17

Breakfast: French toast, strawberries

Lunch: Fish sticks with tartar sauce, green beans, pears

PM Snack: Granola bars

18

Breakfast: Oatmeal with maple syrup, applesauce
Lunch: Macaroni and cheese with ham, peas, cantaloupe

PM Snack: Goldfish

21

Breakfast: Cereal, bananas
Lunch: Chicken nuggets with ketchup, broccoli and cheese, honeydew

PM Snack: Vanilla wafers

22

Breakfast: Bicuits with ham and cheese, honeydew
Lunch: Shredded chicken soft tacos, lettuce, cheddar cheese, refried beans, pears

PM Snack: Graham crackers

23

Breakfast: French toast, strawberries
Lunch: Popcorn chicken with ketchup, mixed green salad with Ranch, cantaloupe

PM Snack: Granola bars

24

Breakfast: Ham and cheese scrambler, cantaloupe
Lunch: Whole grain pepperoni pizza, corn, mandarin oranges

PM Snack: Ritz crackers

25

Breakfast: Cereal, bananas
Lunch: Ravioli, mixed green salad with Ranch, watermelon

PM Snack: Ritz crackers

28

Breakfast: Oatmeal with maple syrup, applesauce

Lunch: Franks and beans, biscuits, cantaloupe

PM Snack: Goldfish

29

Breakfast: Bicuits with ham and cheese, honeydew
Lunch: Chicken nuggets with ketchup, broccoli and cheese, honeydew

PM Snack: Vanilla wafers

30

Breakfast: Ham and cheese scrambler, cantaloupe
Lunch: Whole grain cheese pizza, corn, mandarin oranges

PM Snack: Graham crackers

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